



Resources for Grief Counseling or Support

For Pregnancy, Neonatal, or Infant Loss

No Footprint Too Small

4740 A Street, Suite 200

Lincoln, NE 68510

712-574-0478

info@nofootprinttoosmall.com,

www.nofootprinttoosmall.com

Healing Hearts: Grief Program

Diocese of Lincoln – Family Life Office

3700 Sheridan Blvd.

Lincoln, NE 68506

402-473-0620

www.lincolndiocese.org

Connected Forever

P.O. Box 21961

402-617-6071

www.conected4ever.org

(This program also helps with funeral/burial assistance and peer mentors)

For the Loss of a Child

The Compassionate Friends of Lincoln

4919 Baldwin Ave.

Lincoln, NE 68504

tcflincoln@gmail.com

www.compassionatefriends.org

GriefShare-Small Grp in Christian Setting

First Evangelical Free Church

3300 S. 84th Street

Lincoln, NE 68506

402-483-7635

www.firstfreelincoln.org

Lincoln Berean Church

6400 South 70th Street

Lincoln, NE 68516

402-483-6512

www.lincolnberean.org

Christ's Place

1111 Old Cheney Road

Lincoln, NE 68512

402-421-1111

www.cplace.org

Support for Those Lost in Service to USA

Army Survivor Outreach Services

2000 N 33rd Street

Lincoln, NE 68503

402-309-7466

531-500-7190-cell

Stephanie.m.whisler2.ctr@mail.mil



Resources for Grief Counseling or Support

Counselors & Therapists

Lincoln Wellness Group:

8101 "O" Street

Lincoln, NE 68510

402-261-3714

They have many Therapists that would be available.
These are 3 that we have worked with.

Tia Nordyke – tia@lincolnwellnessgroup.com

Jolie Vega – jolie@lincolnwellnessgroup.com

Meribeth Tenney PhD.

Clinical Psychologist

7441 "O" Street

Lincoln, NE 68510

402-488-8060

Survivors of Suicide

Ray of Hope

Our Savior Lutheran Church

1200 S. 40th Street

Lincoln, NE 68510

402-483-2099

rayofhope@earthlink.net

Survivors of Suicide Loss Support Group

Mourning Hope Grief Center

4919 Baldwin Ave.

Lincoln, NE 68504

402-488-8989

www.mourninghope.org

Specific Groups

For Men:

Men's Drop-in Group

Tabitha Health Care

4720 Randolph Street

Lincoln, NE 68510

402-486-8546

CURRENT LOCATION:

Hy-Vee Café

7151 Stacy Lane

Lincoln, NE 68516

For Children;

Grief's Journey

7811 Farnam Drive

OMAHA, NE 68114

402-502-2773

info@griefsjourney.org

www.griefsjourney.org

(Support groups for children ages 3-18 and their families.)

Footsteps Grief Camp

Camp Comeca – Day camp focused children & teens

75670 Rd 417

COZAD, NE 69130

308-568-7918

callaghanr@gphealth.org



Resources for Grief Counseling or Support

Favorite Websites, Helps & Misc

Heartfeltseward.org

They provide support and hope as they help you remember and celebrate the life of your child. They created the Heartfelt Children's Memorial located in Seward, NE to provide a place to honor your child in a permanent way. This is open to parents who have lost children – from all of Nebraska, all other states, and all other nations. The loss of a child knows no borders. They also post a newsletter every other month and have a link to our website.

Whatsyourgrief.com

This is a great website about GRIEF. You can use it to share, get support, read current articles, view grief education and much more.

Booklets

For Dads:

[From Father to Father: Letters for Loss Dad to Loss Dad](#)

This is a short book of letters written from one grieving Dad to another. The hope is that, maybe, in the darkest, loneliest hours of grief, you will find a bit of comfort in the words of another Dad.

Available on Amazon

[Grieving Dads: To the Brink and Back](#)

Collection of candid stories for grieving dads that have been interviewed over a 2-year period. It's a collection of survival stories – from men who have survived the worst possible loss and lived to tell the tale. This is not a “soft” how to book, or a memoir but a “you're not alone” book from other Dad's who were willing to write down their deepest pain yet survived to offer hope.

Available on grievingdads.com, Amazon, Barnes & Noble